

Relocating signifies a certain amount of stress at any age – that includes old age.
Not only your furniture will have to find a new place, your personal circumstances may also be subject to change.

If your relocation is not to become a physical and mental burden, it will need careful preparation.

We hope this brief checklist can help make moving house as pleasant as possible for you.

The Sooner, the Better

- choose a suitable type of living quarters, for example assisted accommodation, senior accommodation, shared flat for seniors
- New neighborhood or old, flat near the children
- good neighborhood infrastructure: are supermarkets and public transport within easy walking distance
- discard items: which pieces of furniture, dishes and bric-a-brac will you take with you

1-2 Days Before Moving

- inform the authorities and give them your new address, for example Social Security, Health Insurance, etc.
- Submit order for mail redirection/forwarding at the Post Office